

# **Pre-Operative Anesthesia Instructions for Outpatient Surgery**

## *General Anesthesia or intravenous Sedation and/or Monitored Anesthesia Care*

1. Do not eat or drink anything, including water, after midnight the night before your procedure. Likewise, do not eat or drink anything including water, on the day of your procedure.
2. You must arrange to have a responsible adult companion physically present on the surgical day at the time of discharge to escort you home. You can not go home alone by taxi, or bus.
3. You should not operate or drive any vehicle for twenty four hours after surgery. This is for your safety.
4. Patients under age eighteen must have a parent or legal guardian present at the time of surgery in order to give written consent for anesthesia.
5. Bring a list of all medicines you are now taking. Include with this list the doses, how often, and when you take the medicines.
6. Check with our office about taking any medicine on the day of surgery.
7. If you start to develop or have a cold, fever, or any other acute illness, call our office at your earliest convenience.
8. Arrive at least ten minutes prior to your scheduled surgery.  
Patients who arrive late may have to have their surgery rescheduled for another day.
9. Pregnant women cannot receive anesthesia for non-emergency surgery.  
If a chance of pregnancy exists, a negative pregnancy test must be obtained prior to the day of your surgery.